

SUPA ENERGY DRINK: 23g serving

| Product description | Low GI, electrolyte-enriched energy drink, provided in single-serve sachets, in a wide variety of flavours | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------|---|-------------------------------|-----------|--|---------------------------------|------|-------------------------------|-------|--------|------|----|--|--------|----|-----|--|---------|---|---|--|--------------|---|------|--|----------------|---|----|--|-----|---|---|--|------------------------|---|---|--|-------------|----|---|--|-------|---|-----|--|--------|----|------------|--|-----------|----|-----------|-----------|--------------|--|-------------------------------|--|----------|--|-------------------------------|-----------|----------|--|-------------|-----------|
| Ingredients | Sucrose, dietary fibre, citric acid, sodium chloride, drying agent, sodium saccharine, sodium cyclamate, potassium chloride, ascorbic acid, sodium citrate, vitamin and mineral premix, natural flavours and colourants | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Allergens | NONE Manufactured in a factory that may contain nuts, soybean and cow's milk products | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutritional analysis | <table border="1"> <thead> <tr> <th>TYPICAL NUTRITIONAL INFORMATION</th> <th>UNIT</th> <th>SUPA ENERGY DRINK 23g SERVING</th> <th>% NRV</th> </tr> </thead> <tbody> <tr> <td>Energy</td> <td>kCal</td> <td>71</td> <td></td> </tr> <tr> <td>Energy</td> <td>kJ</td> <td>300</td> <td></td> </tr> <tr> <td>Protein</td> <td>g</td> <td>0</td> <td></td> </tr> <tr> <td>Carbohydrate</td> <td>g</td> <td>18.4</td> <td></td> </tr> <tr> <td>Of which Sugar</td> <td>g</td> <td>17</td> <td></td> </tr> <tr> <td>Fat</td> <td>g</td> <td>0</td> <td></td> </tr> <tr> <td>Of which Saturated Fat</td> <td>g</td> <td>0</td> <td></td> </tr> <tr> <td>Cholesterol</td> <td>mg</td> <td>0</td> <td></td> </tr> <tr> <td>Fibre</td> <td>g</td> <td>2.6</td> <td></td> </tr> <tr> <td>Sodium</td> <td>mg</td> <td>155</td> <td></td> </tr> <tr> <td>Vitamin C</td> <td>mg</td> <td>81</td> <td>81</td> </tr> <tr> <td>Electrolytes</td> <td></td> <td>Meets WHO requirements</td> <td></td> </tr> <tr> <td>Vitamins</td> <td></td> <td>All (except Vitamin C)</td> <td>34</td> </tr> <tr> <td>Minerals</td> <td></td> <td>Most</td> <td>34</td> </tr> </tbody> </table> | | | | TYPICAL NUTRITIONAL INFORMATION | UNIT | SUPA ENERGY DRINK 23g SERVING | % NRV | Energy | kCal | 71 | | Energy | kJ | 300 | | Protein | g | 0 | | Carbohydrate | g | 18.4 | | Of which Sugar | g | 17 | | Fat | g | 0 | | Of which Saturated Fat | g | 0 | | Cholesterol | mg | 0 | | Fibre | g | 2.6 | | Sodium | mg | 155 | | Vitamin C | mg | 81 | 81 | Electrolytes | | Meets WHO requirements | | Vitamins | | All (except Vitamin C) | 34 | Minerals | | Most | 34 |
| TYPICAL NUTRITIONAL INFORMATION | UNIT | SUPA ENERGY DRINK 23g SERVING | % NRV | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Energy | kCal | 71 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Energy | kJ | 300 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein | g | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Carbohydrate | g | 18.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Of which Sugar | g | 17 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fat | g | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Of which Saturated Fat | g | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol | mg | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fibre | g | 2.6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium | mg | 155 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin C | mg | 81 | 81 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Electrolytes | | Meets WHO requirements | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamins | | All (except Vitamin C) | 34 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Minerals | | Most | 34 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Flavours available | Orange Blue Ice Crème Soda Ginger Beer Tutti Frutti Lemon | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Instructions for use | Pour 400ml or more water into a shaker. Add the 23g serving of powder. Shake well | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Product advantages | <ul style="list-style-type: none"> ✓ Low GI (3-4 hours of energy) ✓ Stimulant-free ✓ Approximately HALF the calories of a typical fizzy cold drink/soda ✓ 34% NRV of all vitamins and minerals (except calcium). ✓ Rich in Vitamin C ✓ 2.6g fibre per serving (equivalent fibre as in 1 small fruit) ✓ ELECTROLYTES: Sodium, potassium and chloride have been added to support HYDRATION. (electrolytes facilitate uptake of water by the body's cells) ✓ Pre-sport hydration drink | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Indications for use | <p>GENERAL</p> <ul style="list-style-type: none"> • Before school sport • Office meetings, and business men and women on-the-road • Cardio-protective (cholesterol lowering properties PLUS antioxidants) <p>* Cancer patients</p> <p>COLON ISSUES: <i>Rich in soluble fibre, is gluten & lactose free, thus ideal as a snack for treatment & prevention of:</i></p> <ul style="list-style-type: none"> • IBS (spastic colon) • Constipation and / or diarrhoea • Food intolerances • Coeliac disease • Inflammatory bowel disease <p>ALSO:</p> <ul style="list-style-type: none"> • School and relief feeding programs | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Storage instructions | Store in a cool dry place | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |